



*The comprehensive care you need.
The compassion & convenience you deserve.*

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CARE FOR WOMEN OSTEOPOROSIS DIAGNOSTIC CENTER

ATTENTION:

- ❖ **PLEASE READ AND FOLLOW ALL INSTRUCTIONS OR YOUR APPOINTMENT MAY BE RESCHEDULED!**
- ❖ **PLEASE ARRIVE 30 MINUTES PRIOR TO YOUR APPOINTMENT**

You have been scheduled for an Axial Bone Densitometry Scan at Care for Women Osteoporosis Diagnostic Center. The Axial scanner with Hologic Discovery C Bone Densitometer is a highly advanced and accurate technology used for measuring bone mass to diagnose osteoporosis and related conditions. Care for Women has dedicated staff that are trained and certified to administer the scanning procedure. The scan can take 20 minutes or longer.

CLOTHING REQUIREMENTS: The scan is painless and does not require changing into a gown. We ask that you wear loose fit clothing with undergarments. NO BUTTONS, ZIPPERS, OR STUDS ON PANTS, SKIRTS OR SHIRTS. Please choose a blouse or top that does not have metal snaps or buttons on it. Do not wear clothing that requires a belt. All belly button piercings must be removed prior to your appointment.

Avoid taking any calcium supplements the morning of your bone scan.

If you are in a cast due to an injury your scan MUST be rescheduled until the cast is removed.

If there is any chance you may be PREGNANT, your scan must be cancelled.

If you have swallowed any barium for testing in the last 10 days, you will have to reschedule your bone density scan.

The maximum weight for our machine is 300 lbs.

Results will be mailed to your ordering physician within 24 hours, and your physician will provide you with your results.

revised 03/13/18 NS (osteo instructions)

